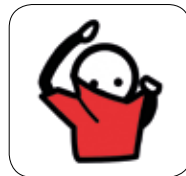
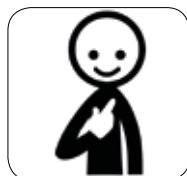


Test del aliento

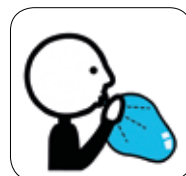
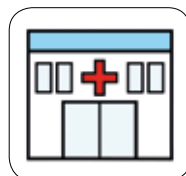
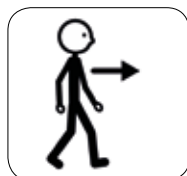
10



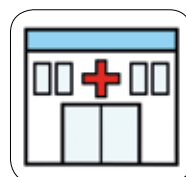
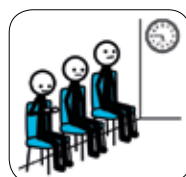
Me despierto y me visto



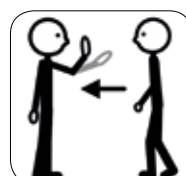
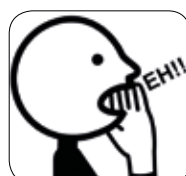
Antes de la prueba: no tomar medicamentos, no lavarse los dientes y no comer



Voy al centro de salud a hacerme el test de aliento



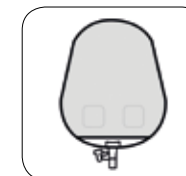
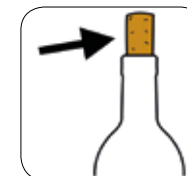
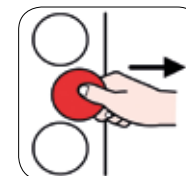
Espero en la sala de espera del centro de salud



El/la profesional me llama



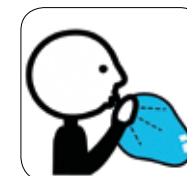
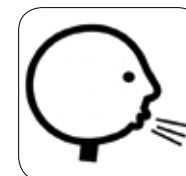
Entro en la consulta y me siento en la silla



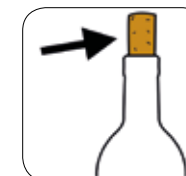
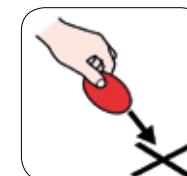
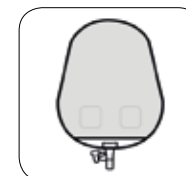
Quito el tapón de la bolsa azul



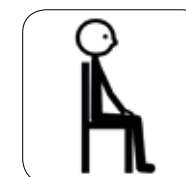
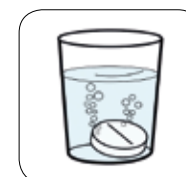
Cojo aire y lo mantengo 5 segundos



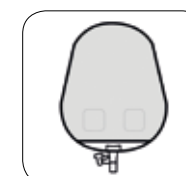
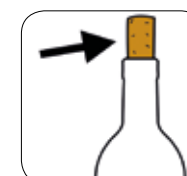
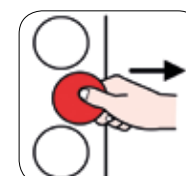
Soplo en la bolsa hasta que se llene



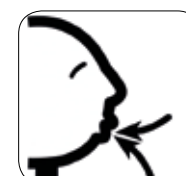
Pongo el tapón en la bolsa



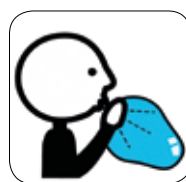
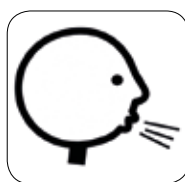
Tomo una pastilla con un vaso de agua y estoy 20 minutos en reposo



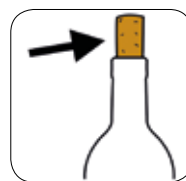
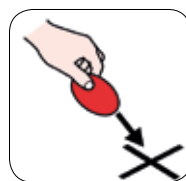
Quito el tapón de la bolsa rosa



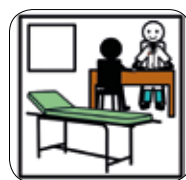
Cojo aire y lo mantengo 5 segundos



Soplo en la bolsa hasta que se llene



Pongo el tapón en la bolsa



Nos despedimos y salimos de la consulta